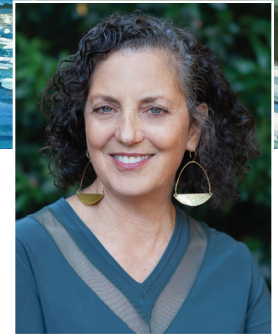


DENISE BLANC, MA, EQCC



BIO

Denise is a Senior Leadership Coach and Consultant and the Founder and Principal of River Logic Partners, a communication coaching and consulting firm.

Drawing on her decades long background as a communication expert, Denise holds a deep curiosity and passion for understanding the human condition. She is a Certified Emotional Intelligence Coach, Master Facilitator, and Mediator, and is known for her ability to help people transform conflict, get unstuck, and tackle tough conversations with more curiosity and heart.

As a long-time meditation practitioner and instructor, she also facilitates complicated conversations around race, identity, and belonging for a global Buddhist organization.

Denise is an adventure traveler, passionate hiker, swimmer, foodie, and bookworm and lives in the San Francisco Bay Area.

BOOK DESCRIPTION

RiverLogic maps the needed skills to communicate with more presence, resilience, and adaptability in our challenging world. Blending personal storytelling with studies from neuroscience, emotional intelligence, and mediation, Denise has created a modern toolkit for navigating our turbulent times. In this highly accessible and readable book, she uses the river as a reliable guide in helping us to open, flow, adapt, and persist – which she calls the “wisdom of riverlogic.”

REVIEWS

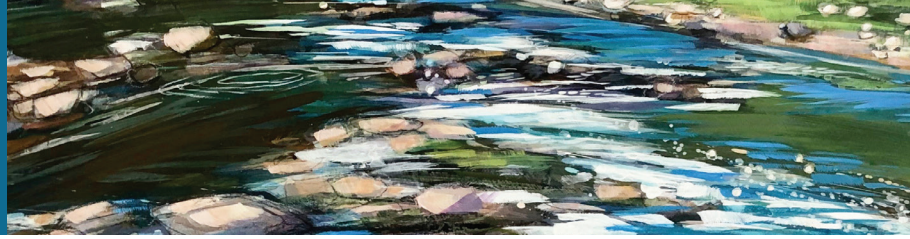
“A beautifully written, deeply insightful, and practical guide – to living in the presence of conflict – fluidly with equanimity, insight, caring and skill. She writes poignantly, perceptively, and honestly.”
—Kenneth Cloke, author of *Mediating Dangerously* and *The Dance of Opposites*.

“RiverLogic dares to address one of the most pressing issues of our day – the difficulty we have communicating with those who do not think like we do. Too often, in response, each party becomes immovable, rigid, calcified – like two rocks. In her book, Denise suggests we enter such conversations as two rivers, willing and able to flow with and into a space of mutuality. Drawing from her training in Organizational Development, leadership coaching, and Buddhism, she offers a deep, yet practical way through the darkest waters of misunderstanding.”
—Susan Piver, *New York Times* bestselling author of *The Four Noble Truths of Love* and *The Buddhist Enneagram*

“Denise has conjured up a combination of personal history, anecdotes, learned experience and words of visionaries and created a lovely, warm, highly readable book which seeks to elevate interpersonal communication to a higher and deeper level of connection. Without being preachy or didactic, we’re asked to find our best selves and are given many examples of successful strategies! River Logic could inspire the most mundane conversation into an act of kindness or the most challenging conversation into a more insightful and rich experience. Great reading for anyone who wants to open their hearts and minds to new possibilities, either personally or professionally.”
—Amazon reviewer

“RiverLogic, Blanc harnesses her wisdom and compassion and writes with honesty and brilliant agency. She shares her personal stories through the clear lens of someone who has decades of meditation, nature adventures, world travels, and endless curiosity for human connections and communication. Blanc gives skillful instructions that are deeply needed today for the human predicament and interface with environmental and political conditions. A truly beautiful book rich in information, emotion and hope and written in plain-spoken language.”
—Amazon reviewer

Tools to Transform Resistance and Create Flow in all of our Relationships



What makes *RiverLogic* unique compared to other books on this topic?

By using the analogy of the river falling, twisting, and merging its way to the sea, *RiverLogic* provides a relatable and easy way to explore how we can transform communication that has become dammed up and stagnant, so we are able to create more ease between us. By offering both practical tools and powerful practices that can be integrated into daily life, *RiverLogic* gives our nervous system a roadmap to find a calm presence to tackle the challenges of our times.

QUESTIONS

1. What inspired you to write *RiverLogic*?
2. How did your practices with meditation and Buddhist teachings play a role in what *RiverLogic* became?
3. What other resources and traditions are you drawing on?
4. What is the core message that you are hoping to communicate?
5. What is one teaching or principle from *RiverLogic* that we all can incorporate in our lives right away?
6. What have you learned through the process of writing *RiverLogic* and now sharing it with the world?
7. How do you open a conversation with someone with whom it seems you have absolutely nothing in common?
8. Who have been good role models for you in their skills of asking questions and listening with heart and curiosity?
9. What interferes with listening?
10. What do you do when you realize that you have serious judgments and biases against someone which interferes with your ability to listen?
11. What are approaches to working with yourself when you become triggered?
12. How does good listening help you to become more empathetic?

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The quality of our communication is only equal to the quality of our presence.

Denise Blanc